

**Center for Student Health and Counseling  
Student Health Advisory Board Meeting Minutes  
January 11, 2008**

**Action Items:**

- A. **January 25<sup>th</sup> Insurance Meeting:** Please note there is an insurance meeting on Friday, January 25<sup>th</sup> from 9-1. Insurance options for next year will be discussed. SHAB members are encouraged to attend.
- B. **Student Forum:** Nick will research logistics about setting up a student forum to discuss health care issues and potentially broach the mandatory insurance option.
- C. **Committee Structure:** Mary Beth will research how to set up a Presidential Committee and find the charter from the 2005 board.
- D. **Dental:** Mary Beth will talk to Leslie Culligan, Director of Dental Services to see if she attend the next SHAB meeting.

**Attendance:**

- 1. Mary Beth Collins, LCSW, SHAC Director
- 2. Laura DeGrace, Administrative Assistant
- 3. Nick Walden Poulon
- 4. Rafael Fernandez
- 5. Emerson Murphy-Hill
- 6. Tamara Kennedy
- 7. Jessica Cole, SHAC, Operations Supervisor

**Not in Attendance:**

- 1. Susan Casey??
- 2. Kim Heidenreich (RSVP'd, ill family member)

- E. **Committee:** the committee voted to have the Student Health Advisory Board structured as a Presidential Committee. This will require bylaws, a chair, and a charter. Mary Beth is going to research the charter piece.

Nick Poulon was elected as chair.

- F. **Bylaws:** The board made some suggestions to revise the Bylaws. It was suggested that the minimum amount of members be 3, and the maximum be 6. Voting rules were clarified. A majority vote in meetings will decide issues unless there are less than 3 members at a meeting, in which case voting can be done by e-mail. Members must respond within one week of the e-mail.

Also, if members miss 4 meetings, they may be removed from the board. After 3 missed meetings, the issue will be addressed by the board.

## G. OUS Meetings:

### 1) **Take home points (what did the speaker say):**

- a. There appears to be no advantage to join with other universities with insurance coverage.
- b. No plan is better than a bad plan
- c. Next steps will be data collection
- d. PSU is the most under insured university in Oregon.
- e. Mandatory insurance with a hard waiver could be a good option

## H. **Mandatory Option at PSU?** A discussion ensued about potentially enacting a mandatory hard waiver option at PSU.

- 1) **History:** we have never really talked about the option of a mandatory plan because the basic plan is so cheap. *Note: health is mostly required for international students.*
- 2) **PSU Caring Community:** can we approach the potential mandatory option as a way for the PSU community to take care of each other. The mandatory plan lowers the price for everyone, with the result of better health for all.
- 3) **Logistical issues:** many issues and details would need to be considered. Outside referrals, deductibles rate, and enrollment requirements would all have to be decided.
- 4) **Rates of participation needed:** Generally a 30-40% participation is reasonable to expect, and that would be enough to make it worthwhile.
- 5) **At risk:** a side note is that there is a movement for schools with insurance to pay \$6 per student for the at risk pool given the Clark decision.
- 6) **International update:** Mary Beth did meet with Judy Van Dyke of International to discuss whether remerging extended and International would be an option. The answer was it would never be an option.
- 7) **Potential Obstacles:** there certainly would need to be some political obstacles to overcome. In general however, if there is a documented and clear student voice asking for a service, it will be considered.
- 8) **Next Steps:** after some discussion, it was decided that a good next step would be to hold a student forum to discuss health care issues and potentially broach the mandatory insurance options. Nick will research logistics about setting up the forum.

- I. **January 25<sup>th</sup> Insurance Meeting:** Please note there is an insurance meeting on Friday, January 25<sup>th</sup> from 9-1. Insurance options for next year will be discussed. SHAB members are encouraged to attend.
- J. **Dental Issues/ Emerson and Rafael:** Emerson and Rafael brought some dental issues to the Board's attention.

Emerson's feedback from students was that it is felt that often dentistry is populated with two types of dentists. One type is the eager, perfectionist dentists that want to perform every procedure possible to make a client's teeth absolute perfection. The second type has a more "wait and see" approach where a client's needs are prioritized according to their needs. The feedback continued to say that PSU has more of the eager type of dentists, which is not necessarily applicable to the PSU community, where budget is always a huge issue for students. There were one comment that felt this was not the case, and all felt that the employees from Dental Services were very nice to students.

It was decided that Mary Beth will talk to Leslie Culligan, Director of Dental Services to see if she attend the next SHAB meeting.

- K. **Next steps:** The Board decided to meet next Friday, January 18, 2008 to discuss goals for the January 25<sup>th</sup> insurance meeting.